"Excess Weight Gain Among Young Women with a History of Childhood Abuse: The Contribution of Posttraumatic Stress Disorder and Stress-Related Eating”

Susan Mason, PhD, MPH
Assistant Professor, Epidemiology and Community Health
University of Minnesota School of Public Health

Wednesday, March 11
12:00 PM—1:00 PM
Mayo 3-100 (note room change)

Learning Objectives:
1. Describe the prevalence of child abuse
2. Discuss the association of child abuse with adult weight status
3. Identify potential mechanisms linking child abuse to adult weight status

About the Speaker:
Susan Mason received her MPH in Maternal and Child and her PhD in Epidemiology, both from the University of North Carolina at Chapel Hill. She did her post-doctoral work at the Connors Center for Women’s Health and Gender Biology at Brigham and Women’s Hospital and Harvard Medical School. Her research examines the role of psychosocial stress in shaping women’s health. In her current work, she is investigating the long-term impacts of childhood abuse victimization on eating behaviors, weight gain, and reproductive health in young women.